

Exercise 1: Fill in the blanks with the correct form of the present perfect continuous tense of the verbs in brackets.

1. They _____ (wait) for the bus for over an hour.
2. I _____ (study) English for the past six months.
3. She _____ (work) at the company since January.
4. _____ you _____ (learn) how to play the guitar lately?
5. We _____ (play) tennis all afternoon.
6. He _____ (practice) speaking Spanish with his friend.
7. It _____ (rain) since morning.
8. She _____ (cook) dinner for the family.
9. How long _____ you _____ (wait) here?
10. They _____ (work) in the garden for hours.

Exercise 2: Rewrite the sentences using the present perfect continuous tense.

1. I have been reading this book for two hours. - I _____ this book for two hours.
2. They have been playing football since morning. - They _____ football since morning.
3. She has been watching movies all weekend. - She _____ movies all weekend.
4. We have been studying Spanish for six months. - We _____ Spanish for six months.
5. He has been working on the project all day. - He _____ on the project all day.

Exercise 3: Complete the sentences using the present perfect continuous tense of the verbs in brackets.

1. The kids _____ (play) outside for hours.
2. I _____ (wait) for you since 3 o'clock.
3. She _____ (study) for the test all week.
4. We _____ (learn) how to cook Thai food recently.
5. _____ you _____ (work) on this project all day?
6. He _____ (practice) playing the guitar for months.
7. It _____ (rain) non-stop since yesterday.
8. She _____ (work) at the company for five years.
9. How long _____ you _____ (play) the piano?
10. They _____ (travel) around Europe for a few months.

Exercise 4: Choose the correct option to complete each sentence.

1. My sister _____ (wait / has been waiting) for her friend for an hour.
2. They _____ (study / have been studying) French for the past year.
3. John _____ (work / has been working) on this project since last week.
4. _____ you _____ (learn / have been learning) how to drive recently?
5. She _____ (cook / has been cooking) dinner for the family.
6. We _____ (play / have been playing) soccer all afternoon.
7. It _____ (rain / has been raining) since morning.
8. How long _____ you _____ (wait / have been waiting) here?
9. They _____ (work / have been working) in the garden for hours.
10. He _____ (practice / has been practicing) speaking English with his friend.

Exercise 5: Write five sentences about your experiences using the present perfect continuous tense.

Riposta

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1. They have been waiting for the bus for over an hour.
2. I have been studying English for the past six months.
3. She has been working at the company since January.
4. Have you been learning how to play the guitar lately?
5. We have been playing tennis all afternoon.
6. He has been practicing speaking Spanish with his friend.
7. It has been raining since morning.
8. She has been cooking dinner for the family.
9. How long have you been waiting here?
10. They have been working in the garden for hours.

Exercise 2: Rewrite the sentences using the present perfect continuous tense.

1. I have been reading this book for two hours.
2. They have been playing football since morning.
3. She has been watching movies all weekend.
4. We have been studying Spanish for six months.
5. He has been working on the project all day.

Exercise 3: Complete the sentences using the present perfect continuous tense of the verbs in brackets.

1. The kids have been playing outside for hours.
2. I have been waiting for you since 3 o'clock.
3. She has been studying for the test all week.
4. We have been learning how to cook Thai food recently.
5. Have you been working on this project all day?
6. He has been practicing playing the guitar for months.
7. It has been raining non-stop since yesterday.
8. She has been working at the company for five years.
9. How long have you been playing the piano?
10. They have been traveling around Europe for a few months.

Exercise 4: Choose the correct option to complete each sentence.

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2. They have been studying French for the past year.
3. John has been working on this project since last week.
4. Have you been learning how to drive recently?
5. She has been cooking dinner for the family.
6. We have been playing soccer all afternoon.
7. It has been raining since morning.
8. How long have you been waiting here?
9. They have been working in the garden for hours.
10. He has been practicing speaking English with his friend.